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# Congregation B'nai Israel Newsletter

THE MISSION OF THE B'NAI ISRAEL, AS A GROWING NURTURING INCLUSIVE CONGREGATION,  
IS TO SERVE THE SPIRITUAL, CULTURAL, EDUCATIONAL & SOCIAL NEEDS OF OUR JEWISH COMMUNITY

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September 2013



Elul 5773 – Tishrei 5774

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## Reflections

By Rabbi David White

### How does "Israel" mean to you?

In high school we worked with a book for appreciating poetry: How Does a Poem Mean? I think that question also applies to Israel...not "what does Israel mean to you"...rather, "how does Israel mean to you?"

The analogy to the poetry book applies in that Israel is about more than "what"; Israel invites multiple levels of reflection and perspective (as does a poem). How do you connect with Israel?

I assume that you assume I am talking about the 65 year old/young state of Israel. Well...yes and no. What makes Israel a "how" question is the multiple meanings/associations for that word.

"How" is at the core in approaching Rosh Hashanah and particularly Yom Kippur. How has your life journey led you to who you are in your connection to Judaism? How are you part of/connected to and or supportive of "Am Yisrael", the "People of Israel"?

One of the most confusing aspects of Judaism is that it is home more to a people than a religion. All our holidays and customs and ceremonies are designed to integrate into the fabric of daily living and societal function. It is natural that mail in Israel is delivered on Sunday, not Saturday. Sunday is the first work day, not Monday.

How do you connect to the Land of Israel? All of Jewish values and history are generated through memories and stories that kept generations alive in the 2000 year old Diaspora, a romanticized sense of the blessed nature of the land of Israel. This age old attachment to the land was what made the dream of return that would yield a state of Israel possible. All of our holidays have agricultural roots and attachments. How does the land of Israel mean to you in terms of what feeds your identity as a Jew and part of a peoplehood that transcends borders?

How does the name Israel mean something special to you as the celebration of our third Ancestor, Jacob? Reflecting on Israel the Ancestor gives pause to "wrestle with" the original meaning of Israel, before it becomes known as a land, a people and, in our own times, a state. It all stems from Jacob, and it invites each of us to muse about changes in our lives, especially growing into greater strengths and capacities as implied by a name change from Jacob, the one who held on (to his brother, as they were born) to Israel, the one that wrestled effectively through the night with an angel/extension of God.

The common ingredient in the name's usage in all its iterations is the reality that nothing comes easily, and if it does, it is likely a trap.

The Land of Israel requires human participation i.e. in making a desert bloom, in a location surrounded by hostility. Through the ages it was an arduous if exhilarating dream to make a pilgrimage to see the Holy Land.

The people of Israel, however we each identify with that people has been in a holding pattern, a mode of survival as the remnant of Israel (where "Judaism" comes in), since the 10 Tribes disappeared in 722 BCE.

While we know and identify ourselves as Jews, (Praisers of God, from Judah), our prayer book and Torah identify us exclusively as Israel. So when you recite: Shema Yisrael, ponder if you will, how Israel means to you.

In so doing, ponder the impact of your being alive in an era where there is more than a dream of bringing Jewish life back to the Land of Israel. You are among the few in the generations of Jewish history alive with a reborn vibrant State of Israel standing at the top of the list in bringing Light to the nations with its science, technology and inspiring dedicated outreach to assist nations large and small in their times of need for its expertise.

The struggles for security and peace in the Middle East unfortunately divert attention from and awareness of the breadth and depth of Israeli contributions to the betterment of human kind in medical and environmental advances. We just learned from our friends in Israel that the water shortage is being neutralized by the successful launch last month of a desalination plant that will address much/most of the water needs in Israel.

During the Days of Awe, we will be exploring How Israel Means to Us as part of the Cheshbon HaNefesh, the Accounting of our Lives/Souls that we do, especially on Yom Kippur.

Israel does have one added meaning for us. It is the name of our synagogue. However we "wrestle with" what/how Israel means to us, the consequences will benefit us as B'nai Israel members in how we celebrate Judaism in our community and how we connect with others through our new association with Common Ground, connecting faith communities and non-profits in collaborating in efforts to improve the quality of life in Solano (and Napa) County.

Shema Yisrael...Listen/Understand Israel, Adonai our God is One when we wrestle effectively with our name and see how all identities associated with Israel are interconnected and yield fruits that can help us in the direction of Shalom.



**Monthly Schedule of Services**

**Please be sure to attend – we’re looking forward to seeing you there!**

- Wednesday, Sept 4 ..... Erev Rosh Hashanah  
Services at 8:00 pm  
Led by Rabbi White
- Thursday, Sept 5 ..... Rosh Hashanah - 1<sup>st</sup> Day  
Services at 9:30 am  
Led by Rabbi White
- Friday, Sept 6 ..... Rosh Hashanah - 2<sup>nd</sup> Day  
Services at 9:30 am  
Led by Rabbi White  
Shabbat Services at 8:00 pm  
Led by Congregants
- Saturday, Sept 7 ..... Services at 10:00 am  
Led by Congregants
- Friday, Sept 13 ..... Erev Yom Kippur - Kol Nidre  
Services at 7:00 pm  
Led by Rabbi White
- Saturday, Sept 14 ..... Yom Kippur  
Services at 9:30 am  
Yizkor at 4:30 pm  
Mincha & Ne'ilah at 4:45 pm  
Led by Rabbi White
- Wednesday, Sept 18 .... Erev Sukkot  
Services at 7:30 pm  
Led by Rabbi White
- Thursday, Sept 19 ..... Sukkot - 1<sup>st</sup> Day  
Services at 10:00 am  
Led by Rabbi White
- Friday, Sept 20 ..... Shabbat Seder at 7:00 pm  
Led by Rabbi White
- Saturday, Sept 21... .. Services at 10:00 am  
Led by Rabbi White
- Thursday, Sept 26 ..... "Mini" Sh'mini & Erev Simchat  
Torah Services at 6:30 pm  
Led by Rabbi White
- Friday, Sept 27 ..... Services at 8:00 pm  
Led by Rabbi White
- Saturday, Sept 28... .. Services at 10:00 am  
Led by Congregation



*Remember a loved one with a donation "in honorarium" or "in memoriam" to the Congregation or Sisterhood. The minimum donation is \$5.00 and acknowledgments are sent to the recipient and the donor. Please call Gail Lamkins at 707-425-5866 for further details.*



**Oneg & Kiddush Sponsors for September**

- Wednesday, Sept 4 ..... Apples, Honey & Champagne  
Reception at 7:00 pm for Rosh Hashanah
- Friday, Sept 6 ..... Oneg sponsored by attendees
- Saturday, Sept 7 ..... Kiddush sponsored by attendees
- Saturday, Sept 14 ..... Break the Fast sponsored by attendees
- Friday, Sept 20 ..... Shabbat Seder sponsored by the Religious School families and attendees
- Saturday, Sept 21 ..... Kiddush sponsored by attendees
- Friday, Sept 27 ..... Oneg sponsored by attendees
- Saturday, Sept 28 ..... Kiddush sponsored by attendees



**SPONSOR AN ONEG OR KIDDUSH IN SEPTEMBER**

We have 5 opportunities for B'nai Israel members to sponsor an oneg or Kiddush in September.

There are 2 Friday Onegs and 3 Saturday Kiddushes open. The Friday dates are September 6<sup>th</sup> and 27<sup>th</sup>. The Saturday dates are September 7<sup>th</sup>, 21<sup>st</sup> and 28<sup>th</sup>.

Please provide something savory and/or sweet for the community to enjoy after services. Plate your treats and put them on the long tables set up in the Social Hall prior to services. Wine/juice, challah, coffee & tea are supplied by the B'nai Israel kitchen. Contact Sue Barush at [cbioffice1@yahoo.com](mailto:cbioffice1@yahoo.com) or 707-642-6526, to confirm your preferred date!

**Todah Rabah to The Religious School Families, our Shabbat Seder sponsors on September 20th!**



**ADMINISTRATOR'S OFFICE HOURS for the School Year**

**Sundays: 9:30 am - 12:30 pm**

**Tuesdays: 4:00 - 6:00 pm**

**Thursdays: 9:00 am - 12:00 pm**

**[cbioffice1@yahoo.com](mailto:cbioffice1@yahoo.com) or**

**707-642-6526**



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*1256 Nebraska Street, Vallejo, CA 94590*

*Issue No. 09-13*



## September Birthdays



Lindsay Gallardo.....	1
Diane Silver .....	1
Fred Zola.....	1
Heather Campbell.....	2
Beryl Cohen .....	2
Katie Policar.....	4
Mark Sessoms .....	4
Susie Smookler .....	7
David White .....	7
Paul Mayzeles .....	8
Ben Zaks.....	8
Elizabeth Williges .....	9
Bill Williges .....	10
Rachel Joseph .....	13
Patrice Whitfield.....	13
Jessica Pechner .....	15
Meyer Dorfman.....	16
Syd Nazarenko .....	19
Seymour Falk.....	20
Sharon Petrellese .....	20
Laura Eytan.....	21
Nelma Traub.....	21
Toby Williges .....	29
Glenn Bond.....	30
Albert Mayzeles .....	30

### ♥ September Anniversaries ♥

Doug & Linda Cort .....	1
Robin Gross & Ken Mullen .....	9



### SISTERHOOD NEWS

Sisterhood is an auxiliary organization to the synagogue dedicated to the support of the synagogue, especially financially. The women of the Sisterhood donate everything earned to the synagogue's needs. For example, the Sisterhood donates toward the security system that protects the synagogue, including the security cameras. Recently, the Sisterhood had all the community tallitot cleaned so that we will be ready for the High Holidays in the fall. The annual dues donations of \$18.00 are payable at this time, so if you have not already paid them, Sisterhood would greatly appreciate your donation. The Sisterhood gift shop is open the first Sunday of every month that Sunday School is in session, and for holidays, and can be opened by prearrangement at other times by contacting Joyce Georgetti or Jennifer Mercado.



### REVISED BY-LAWS AVAILABLE

A copy of the bylaws, revised in February, has been emailed to all members. If you do not receive the email and would like a copy, please contact Sue at the office.



## SEPTEMBER YARTZEITEN

### September 1 - 15, 2013

26 Elul .....	Saul Seegman
26 Elul .....	Rachel Steinberg
27 Elul .....	Anna Kahn
27 Elul .....	Mollie Hirsch
28 Elul .....	Rita Drescher
28 Elul .....	Bernard Feinberg
29 Elul .....	Frieda Marks
1 Tishrei.....	Julius Rosenthal
1 Tishrei.....	Menashe Shpilberg
1 Tishrei.....	Morris Yossem
1 Tishrei.....	Doba Shpilberg
3 Tishrei.....	Colman Bonderow
4 Tishrei.....	Simon Cohen
5 Tishrei.....	Naomi Ostrovsky
5 Tishrei.....	Linda Dubnoff
6 Tishrei.....	Paula Reguera
9 Tishrei.....	Henry Schwartz
10 Tishrei.....	Barney Goldhar
10 Tishrei.....	Samuel Efim Smelansky
10 Tishrei.....	Rebecca Boynton
11 Tishrei.....	Mildred Goldstein
11 Tishrei.....	Dr. Louis Glick

### September 16 - 30, 2013

13 Tishrei.....	Wolf Gordon
13 Tishrei.....	Harry Gray
13 Tishrei.....	Bradley Plantz
13 Tishrei.....	Freda Zlot
14 Tishrei.....	Howard Binstock
14 Tishrei.....	Rena Beth Binstock
14 Tishrei.....	Marguerite Aboaf
15 Tishrei.....	Sam Abouaf
15 Tishrei.....	Celia Rogers
16 Tishrei.....	Charles Scheer
16 Tishrei.....	Harry Handlery
17 Tishrei.....	Abraham Corren
18 Tishrei.....	Louis Leventhal
19 Tishrei.....	Lena Dubnoff
20 Tishrei.....	Dave Calof
23 Tishrei.....	Alex Honigman
23 Tishrei.....	Chana Botnick
24 Tishrei.....	Ralph Pizante
24 Tishrei.....	Belle Munter
25 Tishrei.....	Jack Steinberg
25 Tishrei.....	Morris Barskey



### Cemetery Plots

We still have a few cemetery plots at Sunrise Memorial in Vallejo. The cost is \$2,500 for members and \$3,000 for non-members. For more information, contact the synagogue office at 707-642-6526, Jan Leventhal at 707-747-1810 or Carolyn Steinberg at 925-229-8090.



## WAYS & MEANS COMMITTEE

For those of you who attended our "Talkin' Baseball and Judaism: The Power of Memory...Inning Three", we thank you. This spirited annual event featured Marty Lurie of KNBR Giant's fame and originally was spearheaded years ago by our Rabbi David White. Giants' and baseball lovers alike were treated to an evening of stories, insight, laughter and incredible food. Special thanks to all who donated items ranging from vegetarian chili to beer. The names are familiar to all of us and again comprise some of the hardest workers among us, including Helene & Red Falk, Dan Feinberg, Jennifer & Matt Mercado, Renee Morales, Lois & Paul Pierce, Donna Plantz, Pearl Rothman, David Salter and Nelma Traub. Additionally, one of our new members, Laura Eytan, joined our crew and was very helpful.

Our next fundraising event is the TLC Concert scheduled for Sunday, September 8. Hors d'oeuvres will be served at 5:00 and the music begins at 6:00. Each year, Doug Cort puts together an evening of music of seasoned, professional musicians who come together to help CBI. The admission donation is \$25.00 and believe me, it's always an amazing evening. Mark your calendars and join us! Tickets are available in advance and also will be sold at the door.

Our first Film Event of in fiscal year 2013-14 is calendared for Sunday, October 13 at CBI. An informational flyer is enclosed in this bulletin. We'll be showing two films, "A Matter of Size" for adults and "Wreck It, Ralph" for children. Our menu is planned and we hope you can attend.

The next meeting of the Ways & Means Committee will be Tuesday, September 3 at 5:30pm in the Library. New members are always welcome!

**Gail Lamkins, Chair**



## RELIGIOUS SCHOOL NEWS

Welcome back to your Religious School. We had an amazing Open House/Registration on the 18th. Helene, it was beautiful and the food was amazing. Renee and Jennifer were there helping in the kitchen, our teachers were there, as well as our board members, and, of course, Rabbi. The Rabbi said it was energizing. Thank you to all of you who registered and signed up to help as volunteers. We are not finished registering. The first day of school is Sunday, September 8th. The classrooms are beautiful and all set up. Don't miss the opportunity.

**Fern Bernstein, Principal**

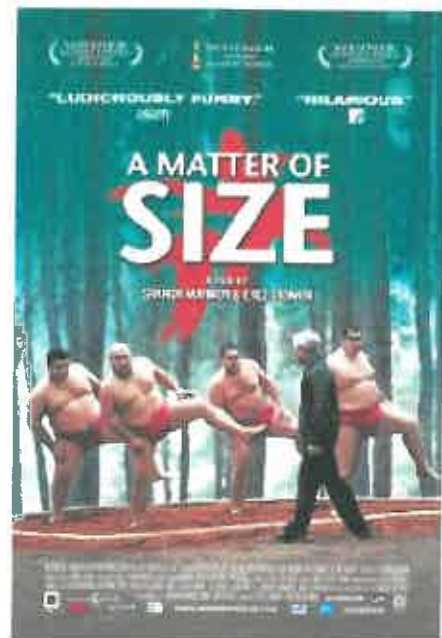
**Mary Schwartz, Assistant Principal**



## UNITY DAY IN VALLEJO

Come join us for a day of Unity on Sunday, September 15, 2013, celebrating the cultural diversity of Vallejo through music, food and fun. The location will be Vallejo City Park, located at Louisiana & Marin Streets. Everyone is welcome to this FREE event. There will be fun activities, vendor booths, entertainment and an International Food Court. For more details, go to [www.Facebook.com/vallejotogether](http://www.Facebook.com/vallejotogether).

Our congregation will be part of Unity Day. Please come and volunteer for our shared table there. Help to bring B'nai Israel to the park, answer questions about our shul and talk with potential new members. Please let Rachel Zrihen know if you will be able to come to our table and when you can come. You can contact her at [rzha@juno.com](mailto:rzha@juno.com).





**THE SOLANO-NAPA CHAPTER OF HADASSAH  
IS HAVING A BREAKFAST FUNDRAISER**

**Sunday, September 8, 2013**

**From 9:30 am-12:00 pm**

**At Congregation B'nai Israel- 1256 Nebraska  
St., Vallejo**

**We will be serving omelets, pancakes, bagels,  
O'Brien potatoes, toast, and fruit salad!**



# SIXTH ANNUAL TLC CONCERT

## Featuring

### *Doug Cort*

*A local favorite known for the emotional warmth of his vocal interpretations and storytelling.*

### *Saul Kaye*

*An international touring artist whose acoustic guitar & delta-style vocals have delighted worldwide audiences.*

### *Steve Siacotos*

*An exciting and seasoned blues singer and guitar player who has shared the stage with such greats as Keb Mo, Clarence Carter and Joe Louis Walker.*

### *Dan Zemelman*

*A jazz pianist who has traveled the world as a Kennedy Center Jazz Ambassador, headlined at Yoshi's Jazz Club and played as a studio musician for John Lee Hooker, Jr.*

*Sunday, September 8, 2013*

*5pm ~ hors d'oeuvres ~ 6pm ~ Great Music*

*Congregation B'nai Israel, 1256 Nebraska Street, Vallejo*

*Admission: \$25*

*For reservations, please make checks payable to:*

*"Congregation B'nai Israel" & mail to PO Box 3066, Vallejo, CA 94590, or email [cbioffice1@yahoo.com](mailto:cbioffice1@yahoo.com) or call 707.642.6526.*

*Your tax-deductible donation will benefit Congregation B'nai Israel's TLC (Tikkun Loving Care) Fund. This fund provides help for people with medical expenses. TLC, 2/3 and CBI, 1/3. Tax ID# 94-2719010*



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Funeral Director

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Sue Barush



\* If you had difficulties receiving your  
bulletin, please contact the Mailing staff

**Next Due Date for Bulletin Articles/Items:**

**Friday, September 20, 2013**

***Don't forget to get your (typed) items in!!***  
*This includes flyers – please forward to the editor!*

**Congregation B'nai Israel**  
**1256 Nebraska Street**  
**Vallejo, CA 94590**  
**707-642-6526**  
**www.bnaisrael.com**  
**cbioffice1@yahoo.com**



# בני ישראל

## SEPTEMBER 2013

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
1	2	3 Finance Committee 7:00 pm	4 Erev Rosh Hashanah Apples, Honey & Champagne Reception 7:00 pm Services 8:00 pm	5 1st Day of Rosh Hashanah Services 9:30 am Kol Dvar on OZCAT Radio 6:00 - 9:00 pm	6 2nd Day of Rosh Hashanah Services 9:30 am Rabbi White Shabbat Services 8:00 pm	7 Services 10:00 am
8 Gift Shop 1st Day of Sunday School 10:00-12:00 Hadassah Breakfast 9:30 - 12:00 Cemetery Visit 11:00 am TLC Concert 6:00 pm	9	10 1st Day of Hebrew School 4:00 - 6:00 pm	11	12	13 Services 7:00 pm Erev Yom Kippur Kol Nidre	14 Yom Kippur Services 9:30 am Yizkor 4:30 pm Mincha & Ne'ilah 4:45 pm
15 Sunday School 10:00 - 12:00 Sukkot Preparation Parent Mtg 10:30 am Teachers Mtg 12:05 pm	16 Board Meeting 7:00 pm	17 Hebrew School 4:00 - 6:00 pm	18 Erev Sukkot Services 7:30 pm	19 1st Day of Sukkot Services 10:00 am Kol Dvar on OZCAT Radio 6:00 - 9:00 pm	20 2nd Day of Sukkot Shabbat Seder 7:00 pm Rabbi White	21 3rd Day of Sukkot Services 10:00 am Rabbi White
22 4th Day of Sukkot Sunday School 10:00 - 12:00 Picnic	23 5th Day of Sukkot	24 6th Day of Sukkot Hebrew School 4:00 - 6:00 pm	25 7th Day of Sukkot Erev Sh'mini Atzeret	26 Sh'mini Atzeret Erev Simchat Torah "Mini" Sh'mini Services 6:30 pm	27 Simchat Torah Services 8:00 pm Rabbi White	28 Services 10:00 am Marty Brounstein Presentation 7:00 pm
29 Sunday School 10:00 - 12:00 Hadassah Mtg 2:00 - 4:00 pm	30					

# DRAFT

## OCTOBER 2013

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
		<b>1</b> Hebrew School 4:00 - 6:00 pm Finance Committee 7:00 pm	<b>2</b>	<b>3</b>	<b>4</b> Services 8:00 pm Rabbi White	<b>5</b> Services 10:00 am Rabbi White
<b>6</b> Gift Shop Sunday School 10:00 - 12:00 Sisterhood Mtg 10:45 am	<b>7</b>	<b>8</b> Hebrew School 4:00 - 6:00 pm	<b>9</b>	<b>10</b>	<b>11</b> Shabbat Seder 7:00 pm Rabbi White	<b>12</b> Services 10:00 am
<b>13</b> Sunday School Parent Mtg 10:30 am Teachers Mtg 12:05 pm Film Event	<b>14</b> Board Meeting 7:00 pm	<b>15</b> Hebrew School 4:00 - 6:00 pm	<b>16</b>	<b>17</b>	<b>18</b> Services 8:00 pm Rabbi White	<b>19</b> Services 10:00 am Rabbi White
<b>20</b> Sunday School 10:00 - 12:00 Adult Ed 10:45 - 12:00	<b>21</b>	<b>22</b> Hebrew School 4:00 - 6:00 pm	<b>23</b>	<b>24</b>	<b>25</b> Children's Service 7:00 pm Services 8:00pm	<b>26</b> Services 10:00 am
<b>27</b> Sunday School 10:00 - 12:00 Hadassah Tea 2:00 - 4:00	<b>28</b>	<b>29</b> Hebrew School 4:00 - 6:00 pm	<b>30</b>	<b>31</b>		

# HIGH HOLY DAYS

## 5774 – 2013

CONGREGATION B'NAI ISRAEL  
1256 NEBRASKA STREET  
VALLEJO, CALIFORNIA

### ROSH HASHANAH

### YOM KIPPUR

<p>WEDNESDAY, SEPTEMBER 4, 2013 1 TISHREI 5774 EREV ROSH HASHANAH 7:00 PM: APPLES, HONEY &amp; CHAMPAGNE RECEPTION IN THE SOCIAL HALL 8:00 PM: SERVICES WITH RABBI WHITE</p>	<p>FRIDAY, SEPTEMBER 13, 2013 10 TISHREI 5774 EREV YOM KIPPUR 7:00 PM: KOL NIDRE SERVICES WITH RABBI WHITE</p>
<p>THURSDAY, SEPTEMBER 5, 2013 ROSH HASHANAH - 1<sup>ST</sup> DAY 9:30 AM: SERVICES WITH RABBI WHITE *CHILDREN'S PROGRAM IN CLASSROOM 10:00 AM-1:00 PM</p>	<p>SATURDAY, SEPTEMBER 14, 2013 9:30 AM: YOM KIPPUR SERVICES WITH RABBI WHITE *CHILDREN'S PROGRAM IN CLASSROOM 10:00 AM – 1:00 PM 4:30 PM: YIZKOR 4:45 PM: MINCHA AND NE'ILAH</p>
<p>FRIDAY, SEPTEMBER 6, 2013 2 TISHREI 5774 ROSH HASHANAH – 2<sup>ND</sup> DAY 9:30 AM: SERVICES WITH RABBI WHITE</p>	<p>SATURDAY, SEPTEMBER 14, 2013 APPROXIMATELY 7:45-8:00 PM: POT LUCK BREAK: THE FAST MEAL PLEASE BRING A DAIRY OR PAREVE DISH TO SHARE</p>
<p>SUNDAY, SEPTEMBER 8, 2013 4 TISHREI 5774 11:00 AM: KEVER AVOT LED BY RABBI WHITE AT SUNRISE CEMETERY, VALLEJO</p>	

**\*Children's Program** – for more information and reservations, please contact Religious School Principal Fern Bernstein, [fern.bernstein99@gmail.com](mailto:fern.bernstein99@gmail.com) or 707.422.3817

**APPROPRIATE ATTIRE FOR ALL HIGH HOLY DAYS SERVICES IS REQUESTED**

**Tickets :** Member /No Fee      \*Non-Member / \$300

\*The non-member fee helps cover costs of services. However, no one will be turned away due to financial hardship.

Additional information? Please contact the B'nai Israel Office, [cbioffice1@yahoo.com](mailto:cbioffice1@yahoo.com) or 707.642.6526

# B'NAI ISRAEL HIGH HOLY DAYS HONORS

To reserve your High Holy Days honor, kindly complete the form below and mail it at your earliest convenience to:

**Fred Zola**  
**528 Cambridge Drive**  
**Benicia, CA 94510**

Thank you for your generosity, cooperation and participation.

## HIGH HOLY DAYS HONORS AND PLEDGE FORM

Yes, I would be honored to participate:

NAME: \_\_\_\_\_ / \_\_\_\_\_  
English Hebrew

Please indicate if you are:     Kohen    OR     Levi

I prefer the following honor:

- Aliyah (Torah Blessing)       Hagbah (Lift the Torah)  
 Giliah (Dress the Torah)       Open the Ark       Close the Ark

I prefer the following service for my honor:

- First Day of Rosh Hashanah (Thursday, September 5)  
 Yom Kippur Morning (Saturday, September 14)  
 Yom Kippur Mincha (Afternoon) (Saturday, September 14)

I will donate the following amount:  
(Multiples of \$18, representing "Chai" or "Life")

- \$108       \$360       \$720       Other \$ \_\_\_\_\_  
 My check, payable to **Congregation B'nai Israel**, in the amount of  
\$ \_\_\_\_\_ is enclosed.  
 Please bill me \$ \_\_\_\_\_ after the High Holy Days.

Signed \_\_\_\_\_ Date \_\_\_\_\_

# Book of Remembrance

Once again we are printing the Book of Remembrance for the High Holy Days. If you wish to remember family members and friends please let us know by completing the information below so we may include them in the book. Also, please help us by adding, deleting, or correcting the spelling of names from last year's book. Thank you.

Send information and checks to:

**John Campbell  
135 Brandon Place  
Benicia, CA 94510**

YOUR NAME: \_\_\_\_\_

Suggested donation is \$18.00 per name.

DONATION AMOUNT:

Names and money must be in by August 15, 2013 for the printer's deadline.

- My check, payable to Congregation B'nai Israel, in the amount of \$ \_\_\_\_\_ is enclosed.
- Bill me after the High Holy Days. (I understand that full payment is due upon receipt of the first bill.)

Please indicate below those you wish to be remembered:

IN MEMORY OF: (or same as last year) \_\_\_\_\_

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REMEMBERED BY: \_\_\_\_\_

Thank you for your generosity and kindness.

Friday, September 20, 2013  
B'nai Israel's Shabbat Seder  
with Rabbi White  
7:00 pm in  
the Social Hall



*Entrees provided by our sponsors,  
the Religious School families,  
in honor of the beginning of  
the Religious School Year!*



*Please bring a Dairy or  
Pareve salad or side  
and dessert to share.*

Please RSVP to Fern Bernstein, [fernbernstein95@gmail.com](mailto:fernbernstein95@gmail.com) or 707.422.3817; Wendy Schuplinsky, [schuplinsky@comcast.net](mailto:schuplinsky@comcast.net) or 707.745.3404 or Lois Pierce, [piercel@sbcglobal.net](mailto:piercel@sbcglobal.net) or 707.678.3632; Alisa Danyeur, [alisa@danyeur.net](mailto:alisa@danyeur.net) or 707.746.0414; Sue Barush, [cbioffice1@yahoo.com](mailto:cbioffice1@yahoo.com) or 707.642.6526

Special Event:  
**Interfaith Story of Courage and Compassion**

**Saturday evening, September 28, 2013 at 7:00 p.m.**

**Sponsored by Congregation B'Nai Israel**

**1256 Nebraska Street in Vallejo, CA**

**(707) 642-6526**

Come hear an engaging presentation by San Francisco Bay Area speaker and author Marty Brounstein on his book *Two Among the Righteous Few: A Story of Courage in the Holocaust*. It is a remarkable true story of interfaith compassion, courage, and rescue, involving a Christian couple in the Netherlands who saved the lives of at least two dozen Jews during World War II and the Holocaust.

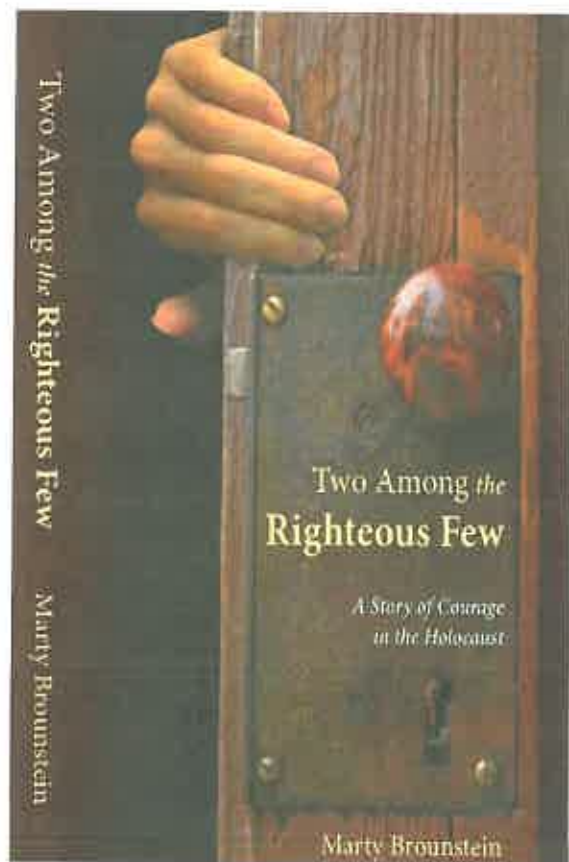
This story also has a ***meaningful personal connection*** to our guest speaker. Marty will reveal this in his educational and heartwarming presentation.

**NOTE:**

A short Havdallah service follows the talk, along with a book signing and refreshments too.

As a special interfaith story and a story of ethics, this event is open to the community and people of all faiths and backgrounds.

**So don't miss out on this inspirational story!**



## JEWISH FILM AFTERNOON

1 p.m. – 3 p.m.

### “A MATTER OF SIZE”

An Israeli comedy (yes, comedy!), a hilarious and heart-warming tale about a coming out of a different kind: four overweight guys who learn to love themselves through the Japanese sport of sumo wrestling! Herzl has been struggling with his weight ever since he was young.

He loses his job as a cook and starts washing dishes in a Japanese restaurant, and discovers the world of Sumo, where large people such as himself are honored and appreciated. (Hebrew with English subtitles)

In the Library – “WRECK IT RALPH”

For the younger crowd.

Sunday,  
**OCTOBER 13, 2013**

Congregation B'nai Israel  
1256 Nebraska St, Vallejo

**12 noon – 1 p.m.**

**A light lunch of hot soup and garlic bread, quiches, green salads, and desserts will be available for \$5 per person; Children - \$3.**

**DONATION for the film showing –**

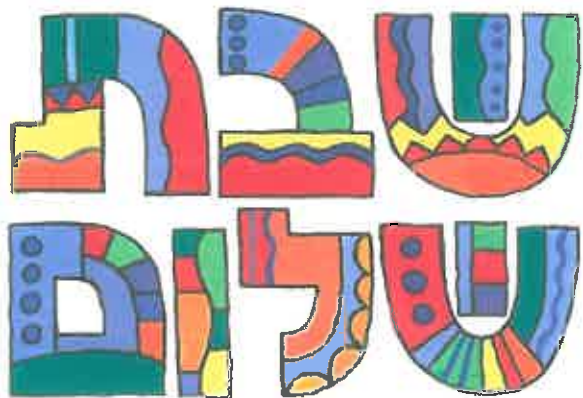
**ADULTS -\$10 CHILDREN -\$7**

For the benefit of Congregation B'nai Israel

Reservations /questions --

CBI office at (707) 642-6526 or Gail (425-5866) or Helene (425-2211)





Congregation B'nai Israel  
Children's  
Shabbat Service Schedule

October 2013 – April 2014

All services are on Fridays and begin at 7:00 p.m.

October 25, 2013

November 22, 2013

January 24, 2014

February 28, 2014

April 25, 2014

Lay-led services accompanied by B'nai Israel Music Director,  
Cheryl Gewing. Oneg provided by families in attendance.





New Jewish Radio show broadcasting on  
KZCT 89.5 FM, Vallejo

Tune in Thursday nights (1<sup>st</sup> and 3<sup>rd</sup> Thursdays of the month) for the best in Jewish music, humor, culture and discussion. Kol Dvar airs from 6:00 to 9:00 p.m. Listen to it on your radio or on your mobile device via the Tune-In application. A link is available on OZCAT's website: <http://www.ozcatradio.com/>

Email us your requests and dedications at:  
[Koldvarozcat@gmail.com](mailto:Koldvarozcat@gmail.com)

Find us (and "like" us) on Facebook to learn of upcoming shows and see videos of the music we are playing.

<https://www.facebook.com/pages/Kol-Dvar>

## Small electronics Recycling Program

I am very pleased to announce a new and additional small electronics recycling program at CBI! We are now accepting the following:

Ink jet cartridges	Laser Toner Cartridges
Digital Cameras	Cellular Phones
Laptop Computers	iPods
MP3 players	

The proceeds will benefit our Religious School. We will receive anywhere from \$0.25 to \$20.00 per item with most items in the \$2.50 range.

Reprocessing one empty laser toner cartridge averts 2.5 pounds of solid waste out of landfills. Recycling one printer cartridge prevents natural resources, such as oil, from being used to produce a new one. Remanufacturing one cell phone stops 220 pounds of waste from being generated.

Please look for our new recycling display and collection box, due to arrive in April!

This new program will help us all get green, reduce solid waste, recycle and raise money for our Religious School!





Upon entering Congregation B'nai Israel, one sees our first, and full, Tree of Life, a symbol of our many joys and happiness. Read the plaques on the original Tree of Life; they reflect the history of CBI. I have two plaques on that Tree of Life, one commemorating our son's Bar Mitzvah and one for our twenty-fifth wedding anniversary.

Thanks to the generosity of the Campbell family, our synagogue has a second Tree of Life, with lovely, golden leaves, ready to commemorate our community's many simchas! I have ordered one leaf to honor my grandson's Bar Mitzvah and soon will order a second leaf for our thirty-fifth wedding anniversary.

I suggest each member of Congregation B'nai Israel think of two happy events in our lives worth remembering and purchase a "leaf" on the Tree of Life. If we all purchase two leaves on the Tree, we can fill it and celebrate by adding a third Tree of Life! Send the message to be inscribed on your leaf to John Campbell, [jr.campbell@sbcglobal.net](mailto:jr.campbell@sbcglobal.net), or to me, Fred Zola, [fredzola@earthlink.net](mailto:fredzola@earthlink.net). The cost is \$300 per leaf. Every time you enter our synagogue, you, your family and your friends will be reminded of a joyous time in your lives.

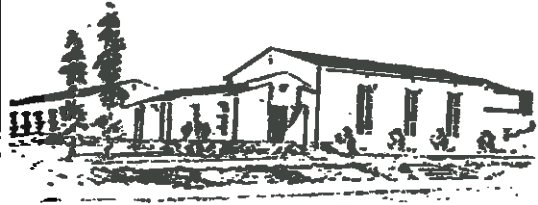
- § Significant anniversaries or birthdays
- § Births, Brit Milah, Baby Naming
- § Bar and Bat Mitzvah
- § Parents and grandparents honoring their children & grandchildren
- § Children and grandchildren honoring their parents & grandparents
- § CBI Leaders
- § Community members' accomplishments

Let us hold onto and remember our happy times and fill our beautiful, new Tree of Life.

Fred Zola [fredzola@earthlink.net](mailto:fredzola@earthlink.net)

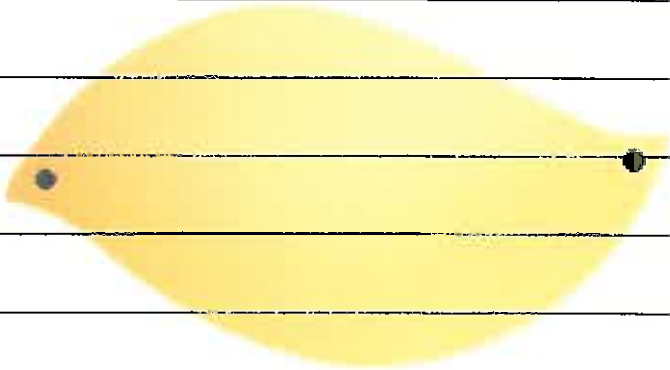
# Congregation B'nai Israel

1256 Nebraska Street, Vallejo, CA 94590  
Email: cbioffice1@yahoo.com or 707.642.6256  
Website: www.bnaisrael.com



## TREE OF LIFE

### LEAF ORDER FORM

<b>NAME</b>	<b>DATE</b>	
<b>EMAIL</b>	<b>PHONE</b>	
<b>INSCRIPTION (must fit inside the leaf)</b>		
		

- ❖ Aniversaries and Birthdays
- ❖ Births, Brit Milah, Baby Naming
- ❖ Bar & Bat Mitzvah
- ❖ Honoring children and grandchildren
- ❖ Honoring parents and grandparents
- ❖ Accomplishments of friends and family
- ❖ Significant events and honors
- ❖ Just because!



**1 Leaf @ \$300.00**

**Other \_\_\_\_\_ (CBI Members only)**

You will be invoiced for the total amount due.

**PLEASE SUBMIT YOUR COMPLETED FORM TO CONGREGATION B'NAI ISRAEL, 1256 NEBRASKA STREET, VALLEJO, CA 94590 ATTN: SUE BARUSH, ADMINISTRATOR**



# *Sponsor a Seat*

**TO HONOR OR  
IN MEMORY OF  
A LOVED ONE OR  
TO CELEBRATE A LIFE  
CYCLE EVENT**

1 seat	\$300
2 seats	\$575
3 seats	\$850
4 seats	\$1100
6 seats	\$1500

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**Name** \_\_\_\_\_

**Number of seats** \_\_\_\_\_ **Amount enclosed** \_\_\_\_\_

**Inscription(s)** \_\_\_\_\_

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**NOTE: Inscription plates measure H: 1" x W: 3"**

Please mail completed form and payment to:

***Congregation B'nai Israel  
P.O. Box 3066  
Vallejo, CA 94590***

For information contact: Sue Barush at [cbioffice1@yahoo.com](mailto:cbioffice1@yahoo.com) or 707.642.6526

**Do you want to be our Kurlfriend ?**



**KOSHER KURLS**  
**leave-in "schmeer"**  
 (hair conditioner)

**Contact Us For A FREE Sample!**



**Order Now!**

Kosher Kurls is being sold by Susan (all funds go to Hadassah) phone: 707 319-1053 or send note to: susanog@pacbell.net  
**MANY THANKS!**



**KOSHER KURLS**  
 leave-in "schmeer"  
 (conditioner)

Oy Vey!  
 Beliefs make you're Reform  
 Chasidic, Orthodox,  
 Classic, Reconstructive,  
 Askenaz, Sephardic,  
 Black or White,  
 You'll "love" for this product  
 that has no chemical junk,  
 and leaves your hair looking  
 and feeling like a "Meshich"  
 What a Shavua Purim!

**KOSHER KURLS**  
 Contact Us For A FREE Sample!

CALL OR TEXT YOUR KOSHER KURLFRIEND TODAY FOR A FREE SAMPLE



## STUDENT RUN HEALTH CLINIC

### FREE SERVICES

SCREENING EXAMS  
MEDICATION ANALYSIS  
(BRING YOUR MEDICATIONS WITH YOU)  
HEALTH EDUCATION  
BLOOD PRESSURE CHECK  
BLOOD SUGAR CHECK  
VISION CHECK  
OSTEOPATHIC MANIPULATIVE  
MEDICINE

### WHERE?

NORMAN C. KING COMMUNITY CENTER  
545 MAGAZINE ST  
VALLEJO, CA 94590

### WHEN?

EVERY THURSDAY FROM  
4:30 - 8:00 PM

### USING PUBLIC TRANSPORTATION?

ACCESS OUR CLINIC VIA BUS ROUTE #1. GET OFF AT 5TH AND MAGAZINE STREET.  
OUR CLINIC IS ONLY A FOUR MINUTE WALK TO THE CORNER OF SONOMA AND  
MAGAZINE.

FOR BUS ROUTE INFORMATION PLEASE CALL:  
VALLEJO TRANSIT (707) 648-4666

ALL SERVICES ARE PROVIDED BY THE STUDENTS OF TOURO UNIVERSITY CALIFORNIA UNDER  
THE SUPERVISION OF LICENSED MEDICAL PRACTITIONERS

QUESTIONS? PLEASE CALL (707) 653-6331

#### MISSION

OUR MISSION IS TO CREATE AN INTERPROFESSIONAL STUDENT-RUN HEALTH CLINIC THAT IMPROVES ACCESS TO HEALTHCARE FOR THE RESIDENTS OF VALLEJO WHILE ENHANCING THE CLINICAL SKILLS OF OSTEOPATHIC, PHARMACY, PHYSICIAN ASSISTANT AND PUBLIC HEALTH STUDENTS, AS WELL AS THE EDUCATIONAL SKILL OF THE EDUCATION STUDENTS.