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# Congregation B'nai Israel Newsletter

THE MISSION OF THE B'NAI ISRAEL, AS A GROWING NURTURING INCLUSIVE CONGREGATION,  
IS TO SERVE THE SPIRITUAL, CULTURAL, EDUCATIONAL & SOCIAL NEEDS OF OUR JEWISH COMMUNITY

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August 2013



Av - Elul 5773

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## Reflections

By Rabbi David White

### Judaism and Baseball - Inning 3

#### How Do You Apply the Power of Memory?

I am delighted to welcome Marty Lurie back to B'nai Israel for "Inning 3" a third visit connecting values and principles inherent in Judaism with analogies you find in life, i.e. particularly baseball. In the first year we explored analogies between Judaism and Baseball in terms of the importance of community.

Last year we explored the theme of Ritual as it applies to Judaism and Baseball and Marty cleverly reflected the overlap of baseball's ebb and flow of a season with the cycle of holiday observances that are inherent in Judaism.

I suspect that as much as people enjoy and find comfort in Jewish ritual, many associate it with notions of rote, repetition, boredom and doing observances in a mindless way. In drawing analogies from rituals people find in baseball, we have a context and opportunity to look anew at Judaism's ways of sanctifying time and through its rituals smoothing out life's rough edges.

This year, our guest and I will share dialogue on the power of memory, looking for connections even as we invite audience participation (as Marty does in his weekend shows on KNBR 680 before and after Giants games). What memories do you have of special times in your life from the worlds of Judaism and baseball... times shared with family and friends...from your childhood, youth, and young adulthood? Such reflections will help us prepare for the Days of Awe that await us in a few short weeks, even as baseball heads toward the climax of its season.

Both Judaism and baseball remind us that, day by day, we each weave new memories, connecting past to future and enabling the next generation to have such connections as we continue through life's journey.

Drawing such connections is important in that Judaism, as well as baseball, accentuates the power and significance of memory. On Rosh Hashanah, unlike New Year's Day (with its theme of "out with the old and in with the new"), we look back closely on the year that was, learning lessons from the past to shed light on new possibility for the future. While, as we go to print, the Giants are not showing the promise of championship they have experienced in these past few years, our team, in playing out the year, will be looking to learn from the shortcomings of this year to make next year

better, with hopes of returning to championship caliber play. Jewishly, we are always looking to the future, to build on the past with hopes and dreams of moving into an era of Shalom, of Peace and Wholeness, even as such dreams seem to be at times so elusive and distant.

So, enjoy this visit with Marty Lurie. It promises to be a fun and engaging way to prepare for the Days of Awe while reminding us that Judaism in its healthiest and strongest modes is connected to daily life in its most common and everyday moments. The joy in drawing these analogies, whether Judaism and Baseball and their ways of creating community or how they both incorporate ritual, and now, with Inning Three, the power of memory, is in seeing more clearly that Judaism is not an isolated system. Rituals, practices, lessons and teachings are all intended to awaken us to life's richness in all its varieties and nuances. If Baseball is America's Favorite Pastime, i.e. Game, then Judaism is God's way (from the Jewish point of view) for us to appreciate Life as God's Game for all of us to play, on our various teams, seeing and celebrating together life's amazing blessings.

So come to the "ball park" at CBI and play the game with Marty and me on August 15, part of summer's way of readying us for the rituals of renewal, associated with the month of Elul in August, leading to the new year as we welcome it ritually with the Days of Awe, and who knows, maybe some "miracles" as we dream of the Giants still finding a way of doing what they did in 2010 and last year.



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*1256 Nebraska Street, Vallejo, CA 94590*  
*Issue No. 08-13*

## Monthly Schedule of Services

*Please be sure to attend – we’re looking forward to seeing you there!*

- Friday, August 2..... Services at 8:00 pm  
Led by Rabbi White
- Saturday, August 3 ..... Services at 10:00 am  
Led by Rabbi White
- Friday, August 9..... Sha’BBQ at 6:45 pm  
Services at 8:00 pm
- Saturday, August 10 ..... Services at 10:00 am  
Led by Congregants
- Friday, August 16..... Services at 8:00 pm  
Led by Congregants
- Saturday, August 17 ..... Services at 10:30 am  
Led by Congregants
- Friday, August 23..... Services at 8:00 pm  
Led by Congregants
- Saturday, August 24... . Services at 10:00 am  
Led by Congregants
- Friday, August 30..... Services at 8:00 pm  
Led by Rabbi White
- Saturday, August 31... . Services at 10:00 am  
Led by Rabbi White



### **Oneg & Kiddush Sponsors for August**

- Friday, August 2..... Oneg sponsored by attendees
- Saturday, August 3 ..... Kiddush sponsored by attendees
- Friday, August 9..... Sha’BBQ sponsored by  
The Schuplinsky and Barush  
Families and attendees
- Saturday, August 10 ..... Kiddush sponsored by attendees
- Friday, August 16..... Oneg sponsored by attendees
- Saturday, August 17 ..... Kiddush sponsored by attendees
- Friday, August 23..... Oneg sponsored by attendees
- Saturday, August 24 ..... Kiddush sponsored by Attendees
- Friday, August 30..... Oneg sponsored by attendees
- Saturday, August 31 ..... Kiddush sponsored by attendees



*Remember a loved one with a donation “in honorarium” or “in memoriam” to the Congregation or Sisterhood. The minimum donation is \$5.00 and acknowledgments are sent to the recipient and the donor. Please call Gail Lamkins at 707-425-5866 for further details.*



## PRESIDENT’S MESSAGE

Micah 6:8

“God has shown you, O mortal, what is good.

And what does the Lord require of you?

To act justly and to love mercy and to walk humbly with your God.”

Leading up to this verse, a worshipper asks what he can do to please God. This is the answer:

Act justly

Love mercy

Walk humbly.

This is the "call to action" that Rabbi White proposed to the over 1,000 delegates at the founding convention of Common Ground, a community organization dedicated to improving Solano and Napa Counties.

Congregation B'nai Israel is a charter member of Common Ground and on June 23, we participated in the founding convention. Membership includes over 20 Churches, several non-profit organizations and one Synagogue.

Congregation B'nai Israel was well represented at this event and I had the honor of introducing our delegation and our reason for participating. I said the mission of Judaism is "Tikkun Olam," repairing the world. One way to move toward this goal is to start by repairing Solano County.

Our beloved member, Pearl Rothman, spoke about issues concerning senior citizens. The afternoon was filled with speakers from the groups in attendance. After the delegates spoke about possibilities, participation and power, the program ended with a "Call to Action".

Rabbi White had been designated to bring the "call to action" to the group to close the convention. He quoted our prophet Micah, chapter 6 verse 8. Act Justly, Love Mercy, Walk Humbly.

That verse was part of the Haftorah portion for that week’s Sabbath. A perfect "call to action" for our community organization - Common Ground.

Also, a "call to action" for each one of us in our own lives every day.

**Fred**





## August Birthdays



Lisa Hirsh .....	2
Cheryl Gewing .....	8
Mollie Leavitt .....	8
Paige Linville .....	8
Charlie Wiese .....	8
Janet Leventhal .....	9
Jonathon Levin .....	9
Anthony Lyons .....	9
Katie Lyons .....	9
Jessica Grist .....	11
Jacob Sousa .....	11
Lyn Toch .....	13
Sam Altman .....	17
Matthew Susskind .....	19
Bob Bernstein .....	20
Ivan Schuplinsky .....	25
Lee Hoppen .....	26
Helene Falk .....	28
Jason Wiese .....	28
James Hirsh .....	29

### ♥ August Anniversaries ♥

Shoshana & Jeff Nurik .....	5
Jim & Sue Heilborn .....	9
Cathy & Marc Horowitz .....	14
Debbie & Bill Williges .....	14
Irv & Alma Friedman .....	23
Dana & Eric Altman .....	24



### SPONSOR AN ONEG OR KIDDUSH IN AUGUST

We have 9 opportunities for B'nai Israel members to sponsor an oneg or Kiddush in August.

There are 4 Friday onegs and 5 Saturday kiddushes open. The Friday dates are August 2<sup>nd</sup>, 16<sup>th</sup>, 23<sup>rd</sup> and 30<sup>th</sup>. The Saturday dates are August 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup> and 31<sup>st</sup>.

Please provide something savory and/or sweet for the community to enjoy after services. Plate your treats and put them on the long tables set up in the Social Hall prior to services. Wine/juice, challah, coffee & tea are supplied by the B'nai Israel kitchen. Contact Sue Barush at [cbioffice1@yahoo.com](mailto:cbioffice1@yahoo.com) or 707-642-6526, to confirm your preferred date!

**Todah Rabah to The Schuplinsky and Barush Family, our Sha'BBQ sponsors on August 12th!**



## AUGUST YARTZEITEN

### August 1 - 15, 2013

25 Av .....	Dina Mironenko-Surneva
25 Av .....	Robert Lamkins
26 Av .....	Samuel Edelman
27 Av .....	Celia Barskey
28 Av .....	Sylvia Weinberg
29 Av .....	Lt. Jerome Weinberg
29 Av .....	Hyman Zlot
1 Elul .....	Rachael Levy
1 Elul .....	Jacob Solomon
5 Elul .....	Carmen Meiselman
7 Elul .....	Woolf Jacobs
7 Elul .....	Jacob Kipnis
7 Elul .....	Ida Tenenbaum
8 Elul .....	Florence Zinn
8 Elul .....	Pearl Schrednitz
8 Elul .....	Estelle Black
9 Elul .....	Leah Symonds

### August 16 - 31, 2013

10 Elul .....	Robert Kemmerer
11 Elul .....	Leah Schmall
11 Elul .....	David Shapiro
14 Elul .....	Ruth Honigman
15 Elul .....	Kate Monetta
15 Elul .....	Theodore Skootsky
16 Elul .....	Ida Edelman
19 Elul .....	Albert Aboaf
22 Elul .....	Roberta Epstein
22 Elul .....	Samuel Greenblatt
23 Elul .....	Maurice Rubin
24 Elul .....	Morris Belotz
25 Elul .....	David Simon
25 Elul .....	Morris Levine



### Cemetery Plots

We still have a few cemetery plots at Sunrise Memorial in Vallejo. The cost is \$2,500 for members and \$3,000 for non-members. For more information, contact the synagogue office at 707-642-6526, Jan Leventhal at 707-747-1810 or Carolyn Steinberg at 925-229-8090.



## AUGUST DONATIONS & TRIBUTES

**Five boxes of assorted alcoholic beverages, including liqueurs, schnapps and mixes**  
From Paul & Lois Pierce

**Donation to the Rabbi's Discretionary Fund**  
From Ed Levin



## WAYS & MEANS COMMITTEE

At our last meeting, we compiled a list of all of our upcoming fundraisers for the FY 13-14. It is an exciting array of events and ranges from concerts to casino trips! In each bulletin we will always give you details prior to the event. So there's plenty of time to mark your calendars and join us!

I've been told this is one of the "fun" committees to work on and I guess word has gotten out that we are fun and can always use help! At our last meeting, we were thrilled to have Laura Eytan and Carolyn Steinberg join us. Additionally, Lois Pierce will now also be a part of our committee. Welcome everyone! I promise that we WILL put each of you to good use.

Our next fundraiser is on Thursday, August 15 from 6-9pm, "Talkin' Baseball and Judaism: The Power of Memory - Inning Three". Rabbi White coordinates with Marty Lurie from KNBR fame to hold a spirited, informational and entertaining presentation. For your donation of \$24, not only will you be able to participate in the discussion, but we will feed you! There will be plenty of food, including hot dogs, salads, desserts, popcorn, and, of course - peanuts! We'll also have our Beverage Bar open. Reservations can be made and a flyer is enclosed for more information.

On Sunday, September 8 we'll again host our TLC Concert. This will be our Sixth Annual Concert and a huge thanks to Doug Cort who does an amazing job for us! Hors d'oeuvres are served at 5:00 and the music begins at 6:00 pm. Tickets can be purchased in advance and will also be sold at the door. Admission is \$25.00.

The next meeting of the Ways & Means Committee is scheduled for Sunday, August 11 at 10:30am in the CBI Library. Come join us and see how much fun it can be to raise money for our wonderful congregation.

**Gail Lamkins, Chair**



## BUILDING & GROUNDS UPDATE

In June we tore out the old linoleum floor in the Big Kitchen. This was a lot of work since there were two layers of linoleum and plywood to take out. We replaced the old linoleum with 12" ceramic tile. The floor looks great! Thanks go out to all those who helped: Matt Mercado, Laura Eytan, Ralph Pierce, Roy Barush, Mike Pimentelli, myself (Martin) and to Steve Edwards who lent us his truck! It was a team effort! ! !

We did find termites. Yes, we took out the old, damaged wood and treated the area. We will also need to take out and replace the cabinets under the sink (due to the termites). Volunteer help, when the time comes, will be greatly appreciated!

Warm regards,  
Martin Gewing,

Chairman, Building and Grounds



## RELIGIOUS SCHOOL NEWS

Hi, it's August already. Your Religious School teachers have been busy preparing for the upcoming school year. It is exciting planning the schedule for the year and we look forward to working with you all, the parents of the students and members who want to see our school and students. You already have something to impart to our children, whether be it bringing back traditions you grew up with, cooking ideas, Israeli Dancing, planting in our vegetable garden, helping to make their learning more memorable. Believe me, as you get more involved, you will share a sense of pride in our school and meet and get to know more of our members. On Sundays, don't just drop off your child, stay, enjoy our other activities, such as our education for adults, and you will truly enjoy your well spent time. As we ready the classroom, we are really looking for any help that you might want to offer.

**DON'T FORGET OUR REGISTRATION AND OPEN HOUSE ON SUNDAY, AUGUST 18, FROM 10AM-2PM. ENJOY A DELICIOUS BRUNCH, MEET OTHER GROUPS AND LEARN OF OTHER ACTIVITIES YOU DON'T WANT TO MISS.**

**Fern Bernstein, Principal**

**Mary Schwartz, Assistant Principal**



## St. Paul's Invites Us to Join "Abraham's Path"

St. Paul's Episcopal of Benicia has formed an interdenominational group to study Abraham for approximately 18 months, culminating in a trip to Israel together, probably in the fall of 2014. One does not have to go to Israel to join in the group. Abraham's Path states, "as a child of Abraham, I am called to show kindness to fellow strangers, to give and receive hospitality, and seek new relationships."

Their next event will be 2 screenings of the documentary "I AM" (which is about human connectedness) on August 15. One showing will be at 2pm, another will be at 7pm, and a discussion will follow each one.

"I AM" is the story of a successful Hollywood director, Tom Shadyac ("Liar Liar", "Nutty Professor", "Bruce Almighty"), who experienced a life threatening head injury, and his ensuing journey to try and answer two very basic questions: "What is wrong with our world?" and "What can we do about it?"

With a film crew of four, Tom visits some of today's great minds, including authors, poets, teachers, religious leaders, and scientists (Howard Zinn, Lynn McTaggart, Desmond Tutu, Thom Harmann, Coleman Barks), searching for the fundamental endemic problem that causes all of the other problems, while simultaneously reflecting on this own life choices of excess, greed and eventual healing.



**Our Third & Final Sha'BBQ of the Summer!**

**Friday, August 9, 2013**

**6:45 pm in the courtyard**

**Sponsored by the**

**Schuplinsky and Barush Families**

**Featuring Salmon Burgers & Veggie Burgers**



**Please bring Dairy or Pareve**

**Salads or Sides and Desserts to share**

**Please RSVP to Wendy, Lois, Alisa or Sue**



**Shabbat Services**

**begin at 8:00 p.m.**

**TALKIN' BASEBALL  
And JUDAISM:  
The Power of Memory  
Inning Three**

**SPECIAL GUEST SPEAKER**

**MARTY LURIE**

**CONGREGATION B'NAI ISRAEL**

**1256 Nebraska Street  
Vallejo, CA**

Marty Lurie is a popular Radio personality at KNBR 680. He hosts the San Francisco GIANT'S pre-game and post-game broadcasts on weekends. Anyone who enjoys talking baseball would enjoy a

**THURSDAY, AUGUST 15,  
6 - 9 P.M.**

conversation with Marty Lurie. He has followed the game for nearly 60 years. His three-hour -long program features interviews with current, past and future Hall of Famers and other baseball personalities. So, come....join us...for baseball banter, facts, questions and answers, and loads of memories.

**Donation: \$24**

(Willie Mays -- a baseball legend -- wore #24 )

Proceeds benefit Congregation B'nai Israel

Ballpark favorites will be served: Kosher hot dogs and buns, potato chips, pasta salads, popcorn and sodas.

Tel. (707) 642-6526  
(707) 425-5866  
Email: [cbioffice1@yahoo.com](mailto:cbioffice1@yahoo.com)





**Dr. Dennis Meade**  
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**Administrator's Summer Office Hours**

Tuesdays & Thursdays  
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707-642-6526

You may also contact me by email:  
cbioffice1@yahoo.com



\* If you had difficulties receiving your  
bulletin, please contact the Mailing staff

**Next Due Date for Bulletin Articles/Items:**

**Friday, August 23, 2013**

**Don't forget to get your (typed) items in!!**  
*This includes flyers – please forward to the editor!*

**Congregation B'nai Israel**  
**1256 Nebraska Street**  
**Vallejo, CA 94590**  
**707-642-6526**  
**www.bnaisrael.com**  
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# בני ישראל

AUGUST 2013

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
				1	2 Services 8:00 pm Rabbi White	3 Services 10:00 am Rabbi White
4	5	6 Finance Committee 7:00 pm	7	8	9 Sha'BBQ 6:45 pm Sponsored by Schuplinsky / Barush Families Services 8:00 pm	10 Services 10:00 am
11 Ways & Means Committee Meeting 10:30 am	12 Board Meeting 7:00 pm	13	14	15 "Inning 3 / Judaism & Baseball" Marty Lurie 6:00-9:00 pm	16 Services 8:00 pm	17 Services 10:00 am
18 Calendar Mtg 9:30 am Open House & Religious School Registration 10:00 - 2:00	19	20	21 Hadassah Board Meeting 7:00 pm	22	23 Services 8:00 pm	24 Services 10:00 am Relay for Life <i>Benicia</i>
25 Relay for Life <i>Benicia</i>	26	27	28	29	30 Services 8:00 pm Rabbi White	31 Services 10:00 am Rabbi White

# DRAFT

## SEPTEMBER 2013

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
1	2	3	4 Erev Rosh Hashana Apples, Honey & Champagne Reception	5 1st Day of Rosh Hashana	6 2nd Day of Rosh Hashana Services 8:00 pm Rabbi White	7 Services 10:00 am Rabbi White
8 1st Day of Sunday School Hadassah Breakfast 9:00 - 12:00 TLC Concert 6:00 pm	9	10 1st Day of Hebrew School	11	12 Finance Committee 7:00 pm	13 Services 8:00 pm Erev Yom Kippur Kol Nidre	14 Yom Kippur Services 9:30 am
15 Sunday School Sukkot Preparation Parent Mtg 10:30 am Teachers Mtg 12:05 pm	16 Board Meeting 7:00 pm	17 Hebrew School	18 Erev Sukkot	19 1st Day of Sukkot	20 2nd Day of Sukkot Shabbat Seder 7:00 pm Rabbi White	21 3rd Day of Sukkot Services 10:00 am Rabbi White
22 4th Day of Sukkot Sunday School Picnic	23 5th Day of Sukkot	24 6th Day of Sukkot Hebrew School	25 7th Day of Sukkot Erev Shemini Atzeret	26 Shemini Atzeret Erev Simchat Torah	27 Simchat Torah Children's Service 7:00 pm	28 Services 10:00 am
29 Sunday School	30					



# Abraham Path Movie Screening I AM: A Documentary

Please join the Abraham Path Initiative at St. Paul's Episcopal Church in Benicia for a screening of I AM, as we explore our human connectedness.

**Thursday, August 15**

**2:00 pm or 7:00 pm**

**St. Paul's Episcopal Church**

**120 E. J Street**

**Benicia, CA 94510**

A discussion will follow each movie screening.

I AM is the story of a successful Hollywood director, Tom Shadyac (LIAR LIAR, NUTTY PROFESSOR, BRUCE ALMIGHTY), who experienced a life threatening head injury, and his ensuing journey to try and answer two very basic questions:

What's wrong with our world? and What can we do about it?

With a film crew of four, Tom visits some of today's great minds, including authors, poets, teachers, religious leaders, and scientists (Howard Zinn, Lynn McTaggart, Desmond Tutu, Thom Harmann, Coleman Barks) searching for the fundamental endemic problem that causes all of the other problems, while simultaneously reflecting on his own life choices of excess, greed and eventual healing.

**It's Bagel and Cream Cheese Time**

We cordially invite you to an

**OPEN HOUSE**

To welcome

**NEW AND PROSPECTIVE MEMBERS**

to our Congregational Family.

It is also **REGISTRATION DAY**

for our Religious School's 2013 – 2014

**School Year.**

Current members are asked to please come and

help greet and meet newcomers, or bring a

prospective member or anyone interested in

having their children sign up for our Religious

School. Or, just come and see old friends and

schmooze.

**Synagogue Tours.  
The Gift Shop will be open.**

**10 a.m. To 2 p.m.  
Sunday, August 18, 2013**

**CONGREGATION  
B'NAI ISRAEL  
1256 Nebraska St, Vallejo**

**BRUNCH  
WILL BE SERVED**  
(Bagels & cream cheese, of course; plus)

The Religious School is pleased to offer an expanded curriculum this year. In addition to the regular Pre-K, Kindergarten, Grades 1 – 7, and Hebrew classes, there will be

- A Pre-School Class
- Israeli Folk-dancing
- Jewish Cooking
- Gardening of traditional Biblical vegetables

RSVP, or for more information:

**CBI OFFICE - Sue Barush, Administrator**  
Tel. (707) 642-6526  
Email: [cbioffice1@yahoo.com](mailto:cbioffice1@yahoo.com)

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**MARY SCHWARTZ - Religious School  
Vice-Principal**  
Tel. (707) 563-5520



## Relay For Life of Benicia

138 likes · 50 talking about this

Community  
Relay For Life August 24, 2013

### **Opening Ceremony: 9:00am**

The Opening Ceremony brings everyone together for a high-energy event kickoff to celebrate the lives of those who have battled cancer, to inspire hope by sharing recent accomplishments and progress, and to remind everyone that while we are winning this battle, fighting cancer is a year-round priority.

### **Survivors Lap: 9:00am**

During the Survivors Lap, upbeat music plays as all cancer survivors at the event take the first lap around the track cheered on by the other participants who line the track, celebrating their victory over cancer.

### **Luminaria Ceremony: 8:30pm**

The Luminaria Ceremony is a time to remember people we have lost to cancer, to support people who currently have cancer, and to honor people who have fought cancer in the past. The power of this ceremony lies in providing an opportunity for people to work through grief and find hope.

### **Fight Back: 8:30am**

The Fight Back Ceremony symbolizes the emotional commitment we each make to the fight against cancer. The action we take represents what we are willing to do for ourselves, for our loved ones, and for our community to fight cancer year-round and to commit to saving lives.

### **Closing Ceremony: 9:00am**

The Closing Ceremony is a time to remember the lives of those lost and to celebrate that each of us has committed, through our participation in a Relay event, to fight back against this disease over the next year.

# SIXTH ANNUAL TLC CONCERT

## Featuring

### *Doug Cort*

*A local favorite known for the emotional warmth of his vocal interpretations and storytelling.*

### *Saul Kaye*

*An international touring artist whose acoustic guitar & delta-style vocals have delighted worldwide audiences.*

### *Steve Siacotos*

*An exciting and seasoned blues singer and guitar player who has shared the stage with such greats as Keb Mo, Clarence Carter and Joe Louis Walker.*

### *Dan Zemelman*

*A jazz pianist who has traveled the world as a Kennedy Center Jazz Ambassador, headlined at Yoshi's Jazz Club and played as a studio musician for John Lee Hooker, Jr.*

*Sunday, September 8, 2013*

*5pm ~ hors d'oeuvres ~ 6pm ~ Great Music*

*Congregation B'nai Israel, 1256 Nebraska Street, Vallejo*

*Admission: \$25*

*For reservations, please make checks payable to:*

*"Congregation B'nai Israel" & mail to PO Box 3066, Vallejo, CA 94590, or email [cboffice1@yahoo.com](mailto:cboffice1@yahoo.com) or call 707.642.6526.*

*Your tax-deductible donation will benefit Congregation B'nai Israel's TLC (Tikkun Loving Care) Fund. This fund provides help for people with medical expenses. TLC, 2/3 and CBI, 1/3. Tax ID# 94-2719010*



New Jewish Radio show broadcasting on  
KZCT 89.5 FM, Vallejo

Tune in Thursday nights (1<sup>st</sup> and 3<sup>rd</sup> Thursdays of the month) for the best in Jewish music, humor, culture and discussion. Kol Dvar airs from 6:00 to 9:00 p.m. Listen to it on your radio or on your mobile device via the Tune-In application. A link is available on OZCAT's website: <http://www.ozcatradio.com/>

Email us your requests and dedications at:

[Koldvarozcat@gmail.com](mailto:Koldvarozcat@gmail.com)

Find us (and "like" us) on Facebook to learn of upcoming shows and see videos of the music we are playing.

<https://www.facebook.com/pages/Kol-Dvar>

## Small electronics Recycling Program

I am very pleased to announce a new and additional small electronics recycling program at CBI! We are now accepting the following:

Ink jet cartridges      Laser Toner Cartridges  
Digital Cameras      Cellular Phones  
Laptop Computers      iPods  
MP3 players

The proceeds will benefit our Religious School. We will receive anywhere from \$0.25 to \$20.00 per item with most items in the \$2.50 range.

Reprocessing one empty laser toner cartridge averts 2.5 pounds of solid waste out of landfills. Recycling one printer cartridge prevents natural resources, such as oil, from being used to produce a new one. Remanufacturing one cell phone stops 220 pounds of waste from being generated.

Please look for our new recycling display and collection box, due to arrive in April!

This new program will help us all get green, reduce solid waste, recycle and raise money for our Religious School!







Upon entering Congregation B'nai Israel, one sees our first, and full, Tree of Life, a symbol of our many joys and happiness. Read the plaques on the original Tree of Life; they reflect the history of CBI. I have two plaques on that Tree of Life; one commemorating our son's Bar Mitzvah and one for our twenty-fifth wedding anniversary.

Thanks to the generosity of the Campbell family, our synagogue has a second Tree of Life, with lovely, golden leaves, ready to commemorate our community's many simchas! I have ordered one leaf to honor my grandson's Bar Mitzvah and soon will order a second leaf for our thirty-fifth wedding anniversary.

I suggest each member of Congregation B'nai Israel think of two happy events in our lives worth remembering and purchase a "leaf" on the Tree of Life. If we all purchase two leaves on the Tree, we can fill it and celebrate by adding a third Tree of Life! Send the message to be inscribed on your leaf to John Campbell, [jr.campbell@sbcglobal.net](mailto:jr.campbell@sbcglobal.net), or to me, Fred Zola, [fredzola@earthlink.net](mailto:fredzola@earthlink.net). The cost is \$300 per leaf. Every time you enter our synagogue, you, your family and your friends will be reminded of a joyous time in your lives.

- § Significant anniversaries or birthdays
- § Births, Brit Milah, Baby Naming
- § Bar and Bat Mitzvah
- § Parents and grandparents honoring their children & grandchildren
- § Children and grandchildren honoring their parents & grandparents
- § CBI Leaders
- § Community members' accomplishments

Let us hold onto and remember our happy times and fill our beautiful, new Tree of Life.

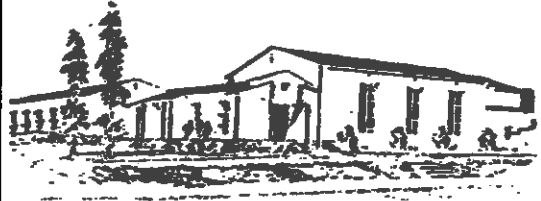
Fred Zola [fredzola@earthlink.net](mailto:fredzola@earthlink.net)

# Congregation B'nai Israel

1256 Nebraska Street, Vallejo, CA 94590

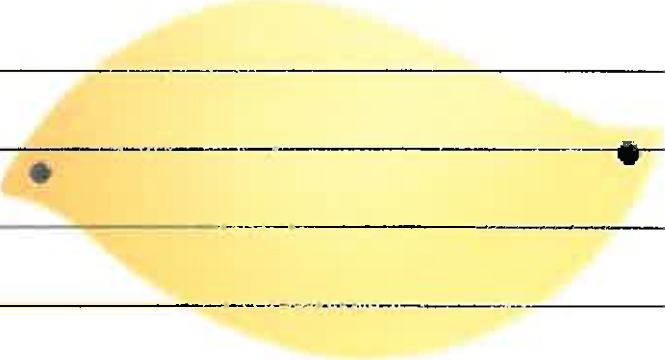
Email: [cbioffice1@yahoo.com](mailto:cbioffice1@yahoo.com) or 707.642.6256

Website: [www.bnaisrael.com](http://www.bnaisrael.com)



## TREE OF LIFE

### LEAF ORDER FORM

NAME	DATE		
EMAIL	PHONE		
INSCRIPTION (must fit inside the leaf)			
			

- ❖ Aniversaries and Birthdays
- ❖ Births, Brit Milah, Baby Naming
- ❖ Bar & Bat Mitzvah
- ❖ Honoring children and grandchildren
- ❖ Honoring parents and grandparents
- ❖ Accomplishments of friends and family
- ❖ Significant events and honors
- ❖ Just because!



**1 Leaf @ \$300.00**

**Other \_\_\_\_\_ (CBI Members only)**

**You will be invoiced for the total amount due.**

**PLEASE SUBMIT YOUR COMPLETED FORM TO CONGREGATION B'NAI ISRAEL, 1256 NEBRASKA STREET, VALLEJO, CA 94590 ATTN: SUE BARUSH, ADMINISTRATOR**



# *Sponsor a Seat*

**TO HONOR OR  
IN MEMORY OF  
A LOVED ONE OR  
TO CELEBRATE A LIFE  
CYCLE EVENT**

1 seat	\$300
2 seats	\$575
3 seats	\$850
4 seats	\$1100
6 seats	\$1500

---

Name \_\_\_\_\_

Number of seats \_\_\_\_\_ Amount enclosed \_\_\_\_\_

Inscription(s) \_\_\_\_\_

---

**NOTE: Inscription plates measure H: 1" x W: 3"**

Please mail completed form and payment to:

***Congregation B'nai Israel  
P.O. Box 3066  
Vallejo, CA 94590***

For information contact: Sue Barush at [cbioffice1@yahoo.com](mailto:cbioffice1@yahoo.com) or 707.642.6526

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Kurlfriend ?**



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Black or White,  
You'll "Avel" for this product!  
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and flavor your hair (looking)  
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100% Natural  
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Essential Oils. No Parabens, No  
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phone: 707-319-1053 or send  
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**MANY THANKS!**

**CALL OR TEXT YOUR KOSHER KURLFRIEND TODAY FOR  
A FREE SAMPLE**



**TOURO UNIVERSITY**  
**CALIFORNIA**



## STUDENT RUN HEALTH CLINIC

### FREE SERVICES

SCREENING EXAMS  
MEDICATION ANALYSIS  
(BRING YOUR MEDICATIONS WITH YOU)  
HEALTH EDUCATION  
BLOOD PRESSURE CHECK  
BLOOD SUGAR CHECK  
VISION CHECK  
OSTEOPATHIC MANIPULATIVE  
MEDICINE

### WHERE?

NORMAN C. KING COMMUNITY CENTER  
545 MAGAZINE ST  
VALLEJO, CA 94590

### WHEN?

EVERY THURSDAY FROM  
4:30 - 8:00 PM

### USING PUBLIC TRANSPORTATION?

ACCESS OUR CLINIC VIA BUS ROUTE #1. GET OFF AT 5TH AND MAGAZINE STREET.  
OUR CLINIC IS ONLY A FOUR MINUTE WALK TO THE CORNER OF SONOMA AND  
MAGAZINE.

FOR BUS ROUTE INFORMATION PLEASE CALL:  
VALLEJO TRANSIT (707) 648-4666

ALL SERVICES ARE PROVIDED BY THE STUDENTS OF TOURO UNIVERSITY CALIFORNIA UNDER  
THE SUPERVISION OF LICENSED MEDICAL PRACTITIONERS

QUESTIONS? PLEASE CALL (707) 653-6331

#### MISSION

OUR MISSION IS TO CREATE AN INTERPROFESSIONAL STUDENT-RUN HEALTH CLINIC THAT IMPROVES ACCESS TO HEALTHCARE FOR THE RESIDENTS OF VALLEJO WHILE ENHANCING THE CLINICAL SKILLS OF OSTEOPATHIC, PHARMACY, PHYSICIAN ASSISTANT AND PUBLIC HEALTH STUDENTS, AS WELL AS THE EDUCATIONAL SKILL OF THE EDUCATION STUDENTS.